

FROM EDITORS

Dear Readers,

The current issue, which we are handing over to you, covers a very wide spectrum of topics close to the heart of psychiatrists and psychologists. Undoubtedly, the article by Henryk Axer is supporting the currently developing model of community treatment in mental disorders. Such small community – based residential programs offer mental health treatment and 24/7 personal care support for adults experiencing severe mental

illness. The principles of dealing with residents are of key importance and, according to the author, can gradually improve the independent functioning and coping mechanisms of patients. What are these methods? Take a look at the article, it is definitely worth it, especially at a time when we are debating about the reform of psychiatry in Poland.

Less common in scientific literature in the field of mental health is testing healthy people for positive qualities and achievements. It is even more worthwhile reading the results of the study by Elzbieta Napora, who attempted to define features / variables that promote better school performance. The subject matter is extremely topical as we are now in the time of final school exams and eighth grade tests. As the results show, it is easier to define boys than girls.

Another interesting work is the article by Cheek et al. on disturbed relationships of people with emotionally unstable personality disorders. In a study on a large group of people with BD, the quality of the relationship with the object (quality of object relations, QOR) turned out to be a key factor in the severity of symptoms. The results of the work of Cheek and all may become a practical hint for psychotherapists working with this difficult group of patients or a scientific confirmation of the correctness of their therapeutic goals.

Halicka and co-authors also deal with the spectrum of the subject of personality disorders. However, they raise the issue from a different, biological side, proving the lack of importance of gene variability for dopamine on the occurrence of aggression and, at the same time, a lower level of emotional intelligence in adolescents. As we can see, the complexity of the functioning of the mind, which is fascinating for all psychiatrists, is not easy to describe and put into unambiguous relationships.

In the current issue we also have the opportunity to familiarize ourselves with the evaluation of the brief intervention aimed at fetal alcohol syndrome prevention. Promising results of the study of prisoners were presented by Pasowicz and Piotrowski, when it turned out, based on preliminary analysis, that the Growth Resources Model may be an effective form of social and psychological rehabilitation.

Mohsen Khosravi from Iran reminds us, practitioners and clinicians of the importance of eating disorders in people living with schizophrenia. The consequences of these disorders, especially cardio-metabolic dysfunctions, are very serious. I personally have an overwhelming impression that, despite the many years of operating standards, their implementation in everyday practice is still imperfect.

Finally, I would like to recommend a work close to my heart - devoted to the mental health of patients with various somatic problems.

All in all, this issue contains articles full of interest and possibilities for all professionals concerned with mental health.

Let's read it!

Wishing you good and inspirative read,

**On behalf of the Editorial Committee,
Joanna Rymaszewska**